



Instructions after Tear Duct Probing and Tubes

- 1) You will be given a Visionary Eye Care post-op kit containing supplies you will be using. Please note that you may not use everything in this kit. Instill antibiotic eye drops four times a day in the operated eye(s).
- 2) Use Eyestream irrigating solution and gauze from your post-op kit to wipe the eyelids if needed.
- 3) Tylenol is safe to take. Avoid other pain relievers.
- 4) **If Dr. Hidaji placed tubes** in the tear duct, be careful not to snag the tubes and pull them out. The tubes can be seen in the inside corner of the eye, between the upper and lower lids. You may also see the tubes inside the nostril. If the tubes come out from the nostril, use a q-tip to tuck them back into the nose. Avoid blowing the nose.

Is it normal to have bleeding after surgery?

There will be some blood-tinged drainage from the eyes and some bright red blood from the nose for a day. This bleeding is not from the eye but comes from the inside of the tear duct.

When can normal activities resume?

There are no restrictions after this surgery. However, if there is active bleeding from the nose, avoid stooping over.

When will we know if the surgery worked?

You may see some improvement the day after the surgery. After one week, you will know if the surgery was successful.

CALL THE OFFICE at 901-754-3937 if you have any questions or if:

The part of the tubes visible between the eyelids comes out.

There is thick yellow discharge from the operated eye

Bleeding persists for more than a day

Eyelids swell or become red

Fever higher than 101 degrees

Anything is getting worse - pain, discharge, eyelid swelling, vision